

Perfect Communication Or Dancing with the Divine

by Jon Mundy

*Ask yourself honestly,
"Would I want to have perfect communication,
and am I wholly willing
to let everything that interferes with it go forever?"*

*If the answer is no,
then the Holy Spirit's readiness
to give it to you is not enough to make it yours,
for you are not ready to share it with Him.*

*And it cannot come into a mind that has decided to oppose it.
For the holy instant is given and received with equal willingness,
being the acceptance of the single Will that governs all thought.*

T-3.VI.4:1-5

The above passage is both delightful and difficult. We always have free will, and we are each at every moment exercising free will. We are also *always* at choice, which also can lead us to indecision and ambiguity. Whose “will” will we observe? — the ego’s (which we “think” is our own will) or the Voice for God, or the Holy Spirit (which **is** our own).

*I have assured you that the Mind that decided for me is also in you,
and that you can let it change you just as it changed me.
This Mind is unequivocal, because it hears only one Voice
and answers in only one way.
You are the light of the world with me.*

T-5.II.10:1-3

The Thinking of the Universe

Think about this: There is a kind of “thinking” that the Course calls the “*Thinking of the Universe*” (W-52.V.2:7). We could also see this as thinking from One-mindedness, or with the Whole Mind. It is a state of mind which, though invisible, is completely Knowable. It has nothing to do with space and time, nor is it in any way physical.

*God does not understand words,
for they were made by separated minds
to keep them in the illusion of separation.*

M-21.1:7

The Tower of Babel and Being Confounded with Many Languages

The story of the Tower of Babel appears very early in the Bible:



in Genesis, Chapter 11. Like the story of Adam and Eve, it is a legendary tale that further explains the split mind and why we have so many different languages, emotions, mores, cultures, ideologies, and different ways of thinking.

*The people said to one another,
Let us make a name for ourselves
and let us make a tower whose top will reach Heaven.
And the Lord said, Behold, the people is one,
and they have all one language;
and this they begin to do.
This is but the start of their undertakings
and nothing will restrain them
from that which they imagined to do.
Genesis 11:1-3*

The ego would like to make a name for itself. It is looking for an identity independent of the natural identity God has given us. In actuality, the phrase “*Nothing will restrain them from that which they have imagined to do*” is talking about the development of the ego. Building a tower to Heaven is an act of arrogance, rooted in the ego’s false sense of pride. Time and again, pride is “the” reason we lose our way, becoming distracted by something “outside” of the mind. The consequence is, says the author of Genesis, that out of arrogance our split minds are now “*confounded with many languages*” (Genesis 11:7) — many “ways of thinking.”

*Words can be helpful, particularly for the beginner,
in helping concentration and facilitating the exclusion,
or at least the control, of extraneous thoughts.*

*Let us not forget, however,
that words are but symbols of symbols.
They are thus twice removed from reality.
M-21.1:8-10*

Controlling Extraneous Thoughts

Having lost One-mindedness, the split mind vacillates unsteadily between *loveless* and *miraculous* channels of communication — fluctuating between ego dominance and brief, holy instances in which the mind is temporarily realigned with the Whole Mind (One-mindedness).

All Words Are Projective. A written or spoken word is something which is *thrown out* into the world. Words, especially judgmental words spoken in anger and attack, promote separation. Words also can inspire and they can be used to heal. They even can lead us to the door of "Knowledge," at which point we transcend words — knowing only Heaven. Folks often return from near-death experiences completely speechless, being left in a state of “awe.”

Principle No. 7 of the Fifty Miracles Principles says that “*Miracles are everyone’s right but purification is necessary.*” Just as medicine can break up plaque in the blood stream, so a miracle works like a catalyst breaking up erroneous ideas (T-I.1.37:2). The first several lessons in *A Course in Miracles’* workbook are designed to help us “break up” erroneous thinking. Let’s look at the first two.

1. *Nothing I see means anything.*
2. *I have given everything I see all the meaning it has for me.*

The Thinking of the World

The Course is trying to help us remove the blocks to an awareness of Love's presence by "reversing the thinking of the world" (W-11.1). Just as there is a type of thinking that is *the thinking of the Universe*, so is there a type of thinking that is *the thinking of the world*. *The thinking of the world* declares wars, engages in deceptive advertising, and involves itself in a vast array of disingenuous acts. All the while, our task is to move from projectivity to receptivity (from projecting error to extending truth), from anger to calm, from war to peace.

The Course is clear and modern science more and more agrees that *mind* is completely independent of a physical brain.

*The brain does not generate thought
any more than a wire generates electricity.*
– British Philosopher Paul Brunton (1898-1981)

*You believe the body's brain can think.
If you but understood the nature of thought,
you could but laugh at this insane idea.*
W-92.2:1

A good analogy is that of a television. We all know a picture on a television results from electromagnetic signals occurring outside of the set. All the television does is receive, amplify and display the signals. It does not make the signal.

Only minds communicate.
*Since the ego cannot obliterate the impulse to communicate
because it is also the impulse to create, it can only teach you that
the body can both communicate and create,
and therefore does not need the mind.*
***The ego thus tries to teach you that the body can
act like the mind, and is therefore self-sufficient.***
T-7.V.2:1-3

According to the Course, there is a type of transmission of information that transcends the deficient limitations of individual egoistic minds. Aldous Huxley, in his wonderful book *The Doors of Perception* (1954), said that each one of us is potentially "Mind at Large," which we then funneled down through the ego's reducing valve of the brain and nervous system.

A medical doctor friend of mine, who sees auras, told me one day he went into a dementia dormitory at a nursing home, and he could see that all of his patients' minds were caught — in a kind of repetitive circular loop. The egoistic mind works in a similar way and likewise easily can get caught in a repetitive, projective, loop — actually a form of insanity in which the same old song is played out time and again keeping us blinded to the truth.

*Would you be hostage to the ego or host to God?
You will accept only whom you invite.
You are free to determine who shall be your guest,
and how long he shall remain with you.*
T-11.II.7:1-3

We are quite literally happy to the degree to which we are willing to be host to God rather than hostage to the ego. As it is, our minds are split. Occasionally our minds are hosts to God, in which case

we are happy. However, being split, our minds also often are hostage to the ego, in which case we are unhappy. A split mind does not know what it wants and is, thus, out of accord with itself. One-mindedness (being host only to God) is in accord with itself, at peace and without confusion. One-mindedness is also the Christ Mind, representing a Will that is One with God's (C-1.6.3).

*Think of the love of animals for their offspring,
and the need they feel to protect them.
That is because they regard them as part of themselves.
No one dismisses something he considers part of himself.*

T-4.II.4:1-3

One-Mindedness and Starling Murmuration

One of the entertainments we enjoyed when I was a kid on the farm in Missouri was watching glistening cobalt blue, barn-swallows doing their agile evening dance out back of the barn. Barn swallows dart about over fields and barnyards in search of flying insect prey. They fly with fluid wing-beats in bursts of straight flight, quickly executing tight turns and dives, their long, deeply forked tails streaming out behind. Barn swallows build cup-shaped mud nests almost exclusively on human-made structures — thus, the name “barn” swallows. Dozens of them would be flying about with amazing precision, rapidly diving into the barn from a great height and stopping suddenly on a rafter or a nest.

If you go to YouTube and type in “Starlings Murmuration,” you can watch hundreds of thousands of starlings in a *murmuration* (a massive flock of birds in flight), performing each evening a very different, incredibly rapid and intricate air-born ballet. They form an immense array of complicated patterns: looking for a moment like a giant whale floating through the air, then looking like a tornado, now perhaps like a flying saucer, then maybe like a paisley print, and now looking like only God knows what. They make intricate twists and turns, all within a fraction of a second with no two starlings ever colliding.

Hundreds of thousands of fish can swim, twist and turn inside of one school or shoal all *seemingly* responding to one inner Mind, as though “someone” is giving directions to go left, go right, go slowly up and then come diving down. In fact, no one single bird or fish is giving directions. They are all at that moment literally of one mind.

Direct Revelation and Mind to Mind Communication

Anita Moorjani (in *Dying to be Me*) and Dr. Eben Alexander (in *Proof of Heaven*) both speak of a “wordless communication” which occurred during their near-death experiences. Anita experienced what she called “a complete melding of mutual comprehension.” She was able to speak non-verbally to her father. In Heaven, there is no subject/object, no self and other. Anita said that she “did not see” her father, she “became” him.

Our direct communication with God was broken when we made up another voice (the ego), thus creating a split mind. We are now more familiar with the voice of the ego than with the voice of God. We allow the ego’s voice to dominate our thinking — its constant, meaningless “chatter” keeping us unaware of our natural innocence and grace that characterizes the simplicity and unity of the birds or the fishes.

Community ~ Communion Communication and Unconditional Love

The words *community*, *communion*, and *communication* all come from the Latin *com*, meaning “with” or “together” and *unus*, meaning “oneness,” “union,” “togetherness,” “fellowship” and “sharing.” There comes in the holy instant “an acceptance of a single Will that governs all thought” (T-15.IV.8:6).

The experience of the single *Will*, or Holy Instant “which governs all thought,” is a mystical experience. The experience often occurs when we experience *clear insights* and great *synchronicities*. For

example, open the Course to any page, close your eyes, point to a line, open your eyes, and see if it speaks to something specific for your needs.

Synchronicities occur when we hear the exact thing we need to hear on the radio or when we pick up a magazine and there is an article we would do well to read. Strangely enough, these synchronicities also may come at some of life's most dramatic moments, such as an accident or an illness. A fellow in England once told me that at the moment the car in which he was riding was headed directly into the side of a truck, he heard: "Don't worry. This has to happen. Everything will be alright." The most interesting sentence was the second one — "This has to happen."

Dancing with the Divine

Helen Schucman once said that the purpose of the Course was to help us get in touch with our Inner Teacher. Finding that Spirit (our inner Teacher), listening to that song, following that voice — when it works right, it is all a marvelous dance. It's like the harmonized starlings, twisting, turning, and twirling together. A life lived in synchronicity with the Divine is perfect communication — a dance with the Divine.

The Holy Spirit's function is entirely communication.

*He therefore must remove whatever interferes
with communication in order to restore it.*

T-14.IV.8:1

The key to living the Course is in giving permission to the Holy Spirit to help us purify our thoughts so that we eventually can come to hear only the Voice for God. We just need "a little willingness" in order to see, hear, and know the truth.

One Mindedness

When I was 17 years old, I discovered (in the local library in Mexico, Missouri) a copy of Canadian psychiatrist Richard Maurice Bucke's *Cosmic Consciousness*, published in 1901. I became excited as I read his discussion of the lives of various historical individuals who had, he thought, reached higher levels of awareness than that possessed by the ordinary man, including a level of pure mind-to-mind communication.

In college, I read Ralph Waldo Emerson's essay titled "The Over-Soul," in which he asserted that ego-consciousness is exceedingly limited in comparison to the "Knowledge of the Soul." Furthermore, according to Emerson, we habitually mistake the ego for our true Self. All souls, Emerson said, are connected at a Spiritual level, and we can find our way there if we try.

In seminary in the mid-sixties, I attended a slide, lecture presentation on the work of French Jesuit Priest Pierre Teilhard de Chardin (1881-1955). Immediately, I fell in love with the works of this marvelous man. I wrote my Master's dissertation on his theory concerning conscious evolution, and from 1969-1979, I taught courses on his theology at the New School University in New York City.

The Noosphere

Teilhard talked about the evolution of consciousness to a higher sphere, or an Omega Point, which we could equate with enlightenment. He originated the idea of the *noosphere* as "a sphere of thought." The word *noosphere* derived from the Greek *nous*, or "mind" and "sphere," as in "*atmosphere*" or "*biosphere*." Teilhard also described a "net," or a "web," of consciousness, which he saw connecting all minds on a psychic level. A greater number of people, he said, are becoming aware of this interconnected level of consciousness, in part because there are so many of us packed more tightly together. Teilhard died in 1955, when the most sophisticated forms of communication were the telegraph, telephone, and

television. He did not know that one day we actually would have an *internet* and a *world wide web* — what he saw as happening purely on the level of mind.

*By recognizing spirit,
miracles adjust the levels of perception
and show them in proper alignment.*

***This places spirit at the center,
where it can communicate directly.***

Principle No. 30 from the Fifty Miracle Principles

Purification and Placing Spirit at the Center

If I want to remodel a house, first I may have to remove the old wiring and plumbing and put in new, more effective and up-to-date wires, pipes, cables and other electronics. In the same way, miracles help us to remove ineffective, ego-based ways of thinking in order to place Spirit, rather than the ego, back in charge of the mind. Once Spirit is in the center, perfect communication can occur, allowing our GPS (God's Plan for Salvation) to work properly getting us where we want to go.

**Very specifically this is how the realignment
or correction in perception occurs.**

***When the body ceases to attract you,
and when you place no value on it
as a means of getting anything,
then there will be no interference in communication
and your thoughts will be as free as God's.***

T-15.IX.7:1

How do we get to a place where we can have
“no interference in communication?” We get there by:

1. Ceasing to be *attracted* and, therefore,
distracted by the demands of the body and;
2. By placing no value on the body as “a means of *getting* anything.”
It is the role of the Holy Spirit to give by helping us remember Truth, not by giving us any
“thing.” After all, no “thing” is needed as we already have it all — God, Love, Mind, Spirit.

To spirit getting is meaningless and giving is all.

T-5.I.1:7

What is “miraculous” about naturally following GPS is that we get the results we want — which is “miraculously” the same thing God wants for us. What could be better than that? With God, it is always win-win, even when it looks like a loss.

*Trials are but lessons that you failed to learn presented once again,
so where you made a faulty choice before
you now can make a better one, and thus escape all pain
that what you chose before has brought to you.*

*In every difficulty, all distress, and each perplexity
Christ calls to you and gently says, "My brother, choose again."*

T-31.IX.3:1-2

We look to cross the bridge from this artificial, dream world to the real world, which is not artificial, nor part of a dream. We are moving from body to Spirit and from fear to Love. The first step is

accomplished by our finding freedom from all of our projections, all of our attack thoughts, all of our hurtful habits and body-based addictions.

The Twilight Zone

One of my favorite television series from the 1960s, the *Twilight Zone*, provided twists and turns and paradoxical perception of space/time. Similarly, the ego has made a non-real, twilight zone that paradoxically seems real—a strange box called space/time in which we play out complicated games called “special relationships.” This could be seen as the ego’s version of a “*course* in miracles,” where the unreal “miraculously” seems real.

A *course* is a *process*, a *journey*. And, while the ego’s course, or journey is designed to keep us asleep to the Truth of who we are, *A Course in Miracles* is a path of awakening to that Truth. We seem to be going down a road, in a place called space/time in a body, in a world. However, we are on a journey Home (to a “place” we never left). Before we get Home and are free of the body, the world, and time itself; we all seem to go through a variety of steps and stages until we completely let go of all worldly attachments and know only God.

Having crossed the bridge into the “twilight zone” of this world, we get absorbed in the world; however, in time, deep inside, we all become homesick. This is an insane world where sin, guilt, and fear seem real and defenses of all sorts seem necessary. The thought system of the ego takes us away from Home, away from Truth and deeper into illusion. We might think of this world as a kind of Hollywood version of Heaven, where we believe the ego’s lie that being “special” and having “things” will make us happy. As it is, the ego does not want us to know the Truth, for if we did, the ego would be a goner. Mistaking this world for Reality, we have been caught in the trap of the ego. Something is needed to reawaken the mind, so we can see our way out of our self-made prison — the “place” in which we seem to be “locked”—because once the ego gets a hold on the mind, the prison door is locked and the key hidden.

Sometimes I forget that this is all a dream.

– Alice, From *Alice in Wonderland*, by Lewis Carroll

Having crossed the symbolic bridge-without-form (from Heaven to the “twilight zone”), we have fallen into what the Course calls “**the sleep of forgetfulness**,” “**the dreaming of the world**” or “**the unwillingness to remember God’s Love**.” Freud looked deeply into the psyche of man, and there he found profound *denial* and *repression*.

*No evidence will convince you
of the truth of what you do not want.*

T-16.II.6:1

***As you let the Holy Spirit teach you how to use the body
only for purposes of communication,
and renounce its use for separation and attack
which the ego sees in it,
you will learn you have no need of a body at all.
In the holy instant there are no bodies,
and you experience only the attraction of God.***

T-15.IX.7:2-3

Ultimately the body is not only dust, in the long run, it does not exist at all (T-18.VII.3:1). As long as we seem to inhabit a body however, the body is with the help of the mind, “a framework for developing abilities” (T-7.V.1:1). We must decide how this framework will be used.

Inner Communication

The body is a “learning device,” and we learn through communication. The first step is establishing communication with a very aware and most sensible inner guide — what Socrates, Plato, and Henry David Thoreau called one’s “Inner Genius;” what the Course calls “the Holy Spirit,” or “God”; or what another person may call “Allah,” or “the Divine,” or “Wango-Tango.”

We are working on redirecting or reversing our seeing from outward to inward. Before looking outward, first look within. Remember, “The Kingdom of Heaven” is inside you. “Light is within, not without” (W-44.2:1). Prior to his discovering the Course, Dr. Kenneth Wapnick was preparing to become a monk. Monks make time for inner reflection and for going deeply within. Though they spend many hours each day chanting their prayers, Trappist’s monks take vows of silence. Only the guest master and those who deal with “the outside world” do much in the way of talking. Ken’s first focus was inward; and being inward, look what he was able to bring out! Inwardly and outwardly, he was an excellent communicator.

*Thought cannot be made into flesh
except by belief, since thought is not physical.*

*Yet thought is communication,
for which the body can be used.*

*This is the only natural use to which it can be put.
To use the body unnaturally is to lose sight of the Holy Spirit's purpose,
and thus to confuse the goal of His curriculum.*

T-8.VII.7:4-7

Unnatural thinking is attended with guilt because it is based on the belief in sin, or separation. Perfect communication, or uniting — dancing with the Divine — is the primary function of the Holy Spirit and “the only **natural** use” for the body. “To learn to communicate correctly” means keeping the ego’s influence out of the mind, the mouth, the lips and the tongue. The quiet mind is free of all judgments and attack thoughts.

Healing is the result of using the body solely for communication.

T-8.VII.10:1

Loving,

Jon